

Hotel

The Hotel landscape highlights in three main aspects: the uniqueness of the territory, the natural relationship of wine culture with olive and almond trees and, diversity of local architecture

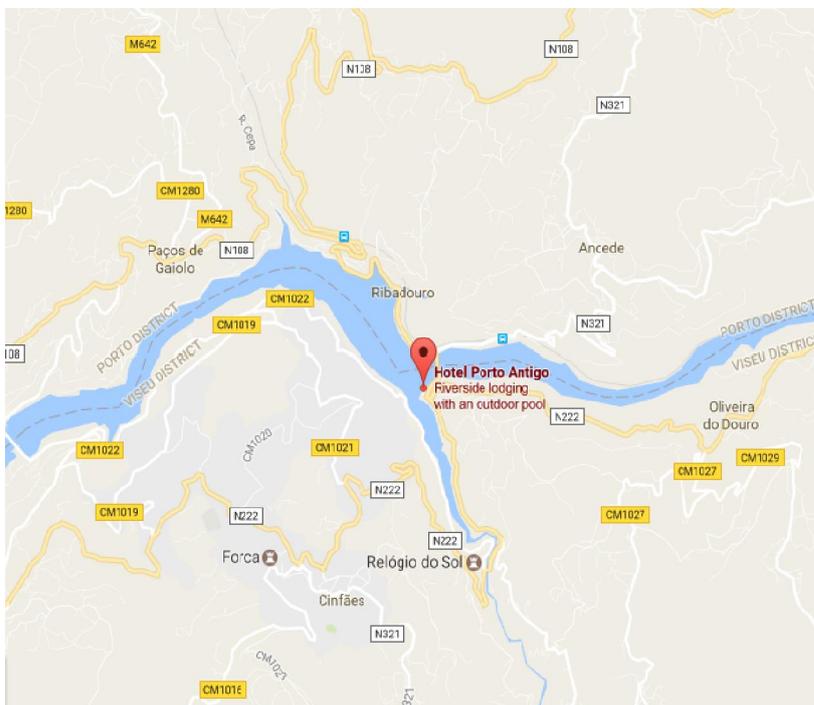
In the famous Douro Valley, world heritage, with a microclimate creates perfect conditions for paddling.

Hotel link: <http://www.dourohotelportoantigo.com/>

Location

Located 70km of Porto, the nearest village is Cinfães at 8 km. There you can find all the amenities such as pharmacy, supermarket and other shops.

As nearby attractions you can find some of the most famous wine farms for the Port wine, historic hiking trails and even rafting downhill.



Hotel address:

Rua do Cais 675, 4690-423
Oliveira do Douro - Cinfães

GPS

Lat: 41° 5' 24" N

Long: 8° 4' 42" W

If you would like to visit some the nearest cities, you can:

- 1 Ask at the Hotel reception the best and closest options
- 2 Rent a car/ bus. The Hotel will provide you all the necessary assistance.

Below you have some contacts / links that might interest you:

Train network: <https://www.cp.pt/passageiros/en/>

Bus network: <http://www.rede-expressos.pt/default.aspx>

Resort

Rooms

The Porto Antigo Hotel has 23 comfortable and cosy rooms. The cleaning of the rooms and the change of the towels is done daily.

We would like to recommend the following rules, in order to keep the comfort and style typical of this Hotel:

- . do not dry clothes in the balcony or in any other place outside your room
- . use the drying items in the restrooms or the laundry service
- . do not move furniture
- . do not take the towels from the room to the gym or for other purposes
- . if there is some technical problem in the room don't try to fix it, just call maintenance.

Meals

The meals are served in a buffet style.

The schedules are:

Breakfast: 08:00 – 10:30

Lunch: 12:30 – 15:00

Dinner: 19:30 – 20:00

Internet

There is WIFI free Access area in the Hotel.

Laundry

The hotel has a drying service especially for athletes placed in the warehouse near the reception. Athletes also have a very special price for cleaning and laundry service.

Gym

The gyms are located in the first floor near room 102 and 108.

The use of towel is compulsory. It's at your own risk.

Running

There are some rails where you can run; at the Hotel reception they have flyers with all information.

The Hotel has also available the following services: bicycles, pedal possibility of hiking and other activities such as rafting, canyoning, paint-ball.

Common Areas

The hotel has a TV room in the ground floor, where there is a WIFI Internet connection and there is also a bar, where you can drink and eat snacks.

As common areas it is used by normal guests so we kindly request you to respect other guests.

Training/ Boat Rental



The section between 2 dams is 45 km long. From the hotel going West (opposite to the bridge) there are 5 km to the dam, going East (direction bridge) there are 40 km.

There is also a small river just as you exit the hotel to your left, this section is only 1,5 km long

The rental of boats is included in the service provided by Nelo. They will be stored close to the water. We kindly appreciate that you treat the boats as your own. If there is any problem with the boats, please contact Nelo immediately.



Motor boat

4 motorboats are available at the TC.

The motorboats should be used:

- 1 According to the instructions in the boat
- 2 Respecting the other teams on the water
- 3 Not as speed boats or for any other purpose than following athletes on the water.

Gas – Is the responsibility of each team.

There is a petrol station near the hotel where they can buy it.

Transfers

Teams that have more than 100 nights will have access to a free transfer: 1 from airport – Hotel and 1 from Hotel – airport.

For those who don't have the required number of nights, we can provide at a fixed fee.

Prices: (per trip)

| | | Porto | |
|----------|-----------------|-------|---------------------------------|
| taxi | up to 3 people | 85 | |
| mini van | up to 8 people | 105 | There is no luggage compartment |
| mini bus | up to 14 people | 160 | There is no luggage compartment |
| mini bus | up to 18 people | 185 | There is no luggage compartment |
| mini bus | up to 29 people | 200 | |
| bus | 52/56 people | 250 | |

There are no shuttle services from Lisbon.

Payment of the stay

The payment should be done before or during your stay.

Nelo Survey

After your stay, we will send you a survey. We would like to know your opinion.

Enjoy it!