

Hotel

Set within the dazzling landscape of the Aguieira Dam, the Montebelo Aguieira Lake Resort & Spa resort offers a new concept spread out over 35 hectares, it holds 152 different lodgings, from modern apartments to spacious villas.

The crystal clear, quiet waters set the stage for those who enjoy true contact with nature.

Hotel link: <http://www.montebeloaguieira.pt/default.aspx?lang=en>

Location

Located in the center of the country, has as the nearest village, Mortágua, about 5 km. There you can find all the amenities you might need such as pharmacies, supermarkets, banks, shops, restaurants, bars and other type of facilities.

The nearest cities are Coimbra (44km) and Viseu (50km).

The city of Porto is about 145 km, being the best option to fly (if applicable) / the city of Lisbon is about 245 km.



Hotel address:

Montebelo Aguieira Lake Resort & Spa
Vale da Aguieira, 3450-010 Mortágua
Portugal

GPS

Lat. 40° 20' 46'' N

Long. 8° 11' 16'' W

If you would like to visit some the nearest cities, you can:

- 1 Ask at the Hotel reception if it's possible to take you to the nearest bus station or, if they have availability, they might take you directly to the city (Mortágua) (only for small groups).
- 2 Rent a car/ bus. The Hotel has an agreement with a local car rental company. They will provide you all the necessary assistance.

Below you have some contacts / links that might interest you:

Train network: <https://www.cp.pt/passageiros/en/>

Bus network: <http://www.rede-expressos.pt/default.aspx>

Resort

Houses

This resort has a system based in Villas. Cleaning is done daily and, the sheets/ towels changed every 2 days. We would like to recommend the following rules, in order to keep the comfort and typical style of the Hotel:

- . do not dry clothes in the balcony or in any other place outside your room
- . use the drying items in the restrooms or the laundry service
- . do not move furniture
- . do not take the towels from the room to the gym or for other purposes
- . if there is some technical problem in the room don't try to fix it, just call maintenance.

Typology:

- . apartments with 1 room with 1 double bed
- . apartments with 1 room with 2 single beds
- . apartments with 2 rooms: 1 with double bed + 1 with 2 single beds (*note: this apartment has only one bathroom*)
- . apartments with 2 rooms with 2 single beds each
- . apartments with 3 rooms: 1 with 1 double bed + 2 with 2 single beds each
- . apartments with 3 rooms with 2 single beds each

Meals

The meals are served in a buffet style.

The schedules are:

Breakfast: 7:30 – 10.00

Lunch: 12.30 – 15.00

Dinner: 19.00 – 22.00

Internet

There is an Internet cable system in the houses. Ask for the cable in the reception and turn it on to the phone line. Some rooms have WiFi, ask router at the reception.

Laundry

The Hotel provides a laundry room, which can be used free of charge but the users must bring the washing powder & laundry detergent.

Or, if you prefer, the laundry can be made by the Hotel. Ask for prices at the Hotel reception.

Gym, indoor pool and hotel spa circuit

Opening hours:

Monday – Thursday: 9am - 6pm

Friday: 9am - 4pm

Saturday and Holidays: closed

Sunday: 4pm - 8pm

Gym Training Center

The gym is located in the marina.

The gym has a schedule. Each team should send the intended time of use.

Common Areas

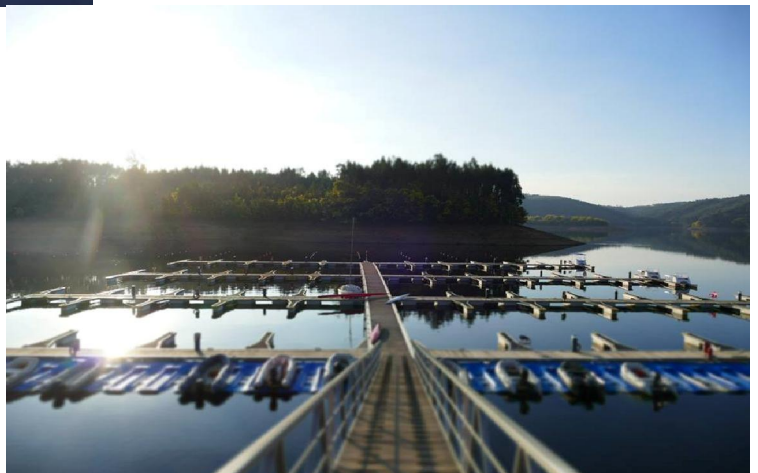
The main building has most of the common areas: restaurant, bar, gym and SPA. The bar, where you can drink and eat some snacks, is open until 11pm. There's also an outdoor swimming pool (free) and a kid's playground. As common areas are used by other guests so we kindly request you to respect them.

Padding / Boat Rental



The dam called Aguieira has 80 km long with various widths over it's three main branches.

The rental of boats is included in the service provided by Nelo. They will be stored close to the dam (as well as the motor boat). We kindly appreciate that you treat the boats as your own. If there is any problem with the boats, please contact Nelo immediately.





Motor Boat

14 motor boats are available at the TC.
The motorboats should be used:

- 1 According to the instructions in the boat
- 2 Respecting the other teams on the water
- 3 Not as speed boats or for any other purpose than following athletes on the water

Gas – Is the responsibility of each team.

There is a petrol station near the hotel where they can buy it.
The gas tanks should be removed every day from the boats and stored in the wood shed.

Transfers

Teams that have more than 100 nights will have access to a free transfer: 1 from airport – Hotel and 1 from Hotel – airport.

For those who don't have the required number of nights, we can provide at a fixed fee.

Prices: (per trip)

		Porto	Lisboa
taxi	up to 2 people	150€	250€
mini van	up to 5 people	180€	310€
mini bus	up to 10 people	320€	565€
mini bus	up to 20 people	381€	645€
bus	50 people	480€	725€

Note: Transfers to/from Lisbon have an additional cost of 150€ per trip, including for those who have access to free transfers.

Payment of the stay

The payment should be done before or during your stay. A proforma will be sent with all details.

Nelo Survey

After your stay, we will send you a survey. We would like to know your opinion.

Enjoy it!